

COCKPIT EDUCATION LTD

TOEFL iBT Preparation

Introductory & Consultancy Session

This session will walk you through the TOEFL iBT exam structure, your personalised study plan, course materials, and the journey ahead tailored to your target score and exam date.



TOEFL

*Test of English as a
Foreign Language*

Internet-Based Test (iBT)

Score range: 0–120

Reading · Listening · Speaking · Writing

Accepted by 12,000+ institutions worldwide

UNDERSTANDING THE TOEFL iBT EXAM



Reading

35 min · 0–30

2 academic passages (~700 words each). Question types include: factual information, inference, vocabulary in context, sentence simplification, and prose summary. Tests analytical reading of university-level texts.

Listening

36 min · 0–30

2 lectures and 3 conversations. Tests comprehension of academic lectures, campus dialogues, and the ability to identify main ideas, details, function, and speaker attitude in spoken English.

Speaking

16 min · 0–30

4 tasks: 1 independent (personal opinion) and 3 integrated (read/listen/speak). Scored on delivery, language use, and topic development. Responses are recorded and scored by trained raters.

Writing

29 min · 0–30

2 tasks: Integrated Writing (read an article + listen to a lecture, then write a response) and Academic Discussion Writing (respond to an online discussion prompt). Scored on coherence, development, and language.

UNDERSTANDING YOUR TOEFL SCORE



Each section is scored 0–30. Total score: 0–120.

100–120	Advanced
80–99	High Intermediate
60–79	Intermediate
40–59	Low Intermediate
20–39	Elementary
0–19	Below Basic

Common Score Requirements

UK/US Undergraduate Admission

79–95

UK/US Postgraduate Admission

90–100+

Russell Group / Ivy League

100–110+

Medical / Health Professions

100+

Graduate Assistantships (speaking)

23–26 Speaking

F-1 Student Visa (US)

Required

COURSE MATERIALS



Core Textbooks

Official Guide to the TOEFL iBT Test, 7th Ed. (ETS)

The definitive TOEFL preparation resource from the test makers. Includes full practice tests, diagnostic tools, and section strategies. Used as the backbone of every TOEFL course.

Official TOEFL iBT Tests, Volume 1, 5th Ed. (ETS)

Additional full-length official practice tests under real exam conditions. Essential for timed practice, mock tests, and final exam preparation.

English Grammar in Use — Raymond Murphy

Core reference grammar for consolidating the language accuracy needed across all four TOEFL sections, particularly Writing and Speaking.

Support Resources

ETS Official TOEFL Prep Portal

Practice tests, teaching resources, and iBT preparation from the test developers.

TST Prep (tstprep.com)

Section-specific video lessons, strategy guides, and scored practice tasks.

YouTube — TST Prep Channel

Detailed TOEFL strategies, task walkthroughs, and speaking response models.

YouTube — NoteFull TOEFL Mastery

Comprehensive TOEFL lessons including note-taking and integrated task strategies.

Additional TOEFL Simulations

Timed practice tests to build speed, stamina, and familiarity with the iBT format.

HOW YOUR TOEFL TUITION PROGRESSES



1

Phase 1 · Weeks 1–2

Diagnostic & Orientation

- Full TOEFL diagnostic test across all sections
- Identify target score and gap analysis
- Introduction to the iBT integrated task format
- Build your personalised study timeline

2

Phase 2 · Weeks 3–5

Skill Development

- Reading: vocabulary in context, inference questions
- Listening: academic note-taking strategies
- Speaking: structuring independent & integrated responses
- Writing: Integrated & Discussion task frameworks

3

Phase 3 · Weeks 6–7

Integrated Practice

- Integrated tasks combining reading, listening & speaking
- Timed writing practice with detailed written feedback
- Speaking recordings reviewed with annotated feedback
- Vocabulary building for academic contexts

4

Phase 4 · Week 8+

Mock Exams & Final Prep

- Full timed mock TOEFL iBT under exam conditions
- Detailed score breakdown per section
- Final targeted revision of weak skill areas
- Exam day strategy, pacing, and confidence tips

TOEFL STUDY PACKAGES



Choose the programme that best fits your target score and exam date

Single Focus Lesson

1 hour

- Targeted to any section or skill area
- Ideal for specific task practice or review
- Flexible — book as needed

Extended Focus Lesson

2 hours

- In-depth session for integrated tasks or writing
- More time for full task completion and review
- Flexible scheduling

TOEFL STUDY PACKAGES



Choose the programme that best fits your target score and exam date

MOST POPULAR

Ready for TOEFL Programme

16 hrs · 2 hrs/wk · 2 months

- Structured 2-month programme covering all sections
- Weekly sessions with written feedback between lessons
- Includes full mock test and detailed score report
- Ideal if your exam is 8–10 weeks away

INTENSIVE

Intensive TOEFL Programme

32 hrs · 4 hrs/wk · 2 months

- Accelerated 2-month full immersion programme
- 4 hours per week, rapid skill development
- Multiple mock tests with comprehensive feedback
- Best for students targeting 90+ from a lower baseline

FAST-TRACK

Fast-Track TOEFL Course

24 hrs · 6 hrs/wk · 1 month

- High-intensity 1-month focused preparation
- 6 hours per week — maximum immersion
- For students with urgent upcoming exam dates
- Complete coverage with exam day strategy session

WHAT TO EXPECT FROM YOUR LESSONS



Personalised TOEFL Study Plan

Every student begins with a diagnostic. Your plan targets your weakest sections and builds systematically towards your score goal.

Speaking Response Review

Speaking tasks are recorded (optional) and reviewed together. I identify delivery, pacing, coherence, and vocabulary improvements.

Curated Resources & Practice Tests

You receive access to a structured bank of official and supplementary resources, timed tasks, and integrated practice materials.

Feedback on Every Written Task

Integrated writing responses and discussion tasks receive detailed, annotated written feedback after every session.

Timed Mock Tests & Score Reports

Regular full timed mock exams simulate real iBT conditions. You receive a section-by-section score breakdown and action plan.

Ongoing Support Between Sessions

You can message me between sessions with questions about tasks, vocabulary, or strategies. I am with you throughout the journey.

YOUR NEXT STEPS



1

Select Your Package

Choose the programme that matches your exam date and target score. I will guide you if you are uncertain which option is right.

2

Diagnostic Session

We begin with a full diagnostic test to identify your current level, weakest sections, and set your score improvement targets.

3

Begin Your Programme

Sessions follow your personalised study plan. Each lesson is structured, focused, and adapted as your abilities develop.

4

Achieve Your Target Score

With expert guidance, structured preparation, and consistent effort, you will walk into your exam confident and fully prepared.

Book your first lesson today — neslihan@cockpiteducation.co.uk

READY TO GET STARTED?



Your first consultation is completely free — no obligation, no commitment.

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Location

Leicester, UK (Online worldwide)

Book Your FREE Consultation Now